From Kitchen to Keepsake: Create Your Family's Recipe Legacy Syllabus

1. Gathering Recipes

- Where to Find Treasured Recipes
 - Old cookbooks & recipe boxes
 - Handwritten
 - Newspaper clippings
 - By memory

2. Adding the Stories Behind the Recipes

- Every recipe has a story. Who made it? When? Why is it special?
- What are the memories behind the meals?
 - Holidays
 - Special occasions
 - Everyday moments
- Beyond the ingredients.
 - Family anecdotes
 - Cooking traditions
 - Cultural significance
- The list of ingredients.
 - Any secret or unusual ingredients

3. Photo Ideas

- Food
- Recipe card
- Family eating or cooking together
- Ancestor
- Heirloom utensils, bakeware, etc.



4. Bringing Your Cookbook to Life with Storied

- Demonstration on Storied.com
 - Adding recipes
 - Sharing & collaborating
 - Creating a cookbook

5. Recipe Book Inspiration

- Themes
 - o Holiday recipes
 - Birthdays & special occasions
 - o Time period (Depression, wartime, etc.)
 - Sunday Suppers
 - o A Taste of [Country or Region]
- Family & beyond
 - Family reunions
 - Specific ancestors
 - o A recipe for every relative
 - Clubs & groups
 - Faith communities
 - Historical societies

Presented by:

Heather Haunert, hhaunert@storied.com

